

Appendix 9b – Summary Analysis of Health Insight for Leicestershire Troubled Families***

1039 of 1300 Troubled Families (81%) present mental health issues (inc substance misuse – 49% without)

A further 233 at risk families (11%) present mental health issues suggesting mental health is a strong causal factor of Troubled Families

This is further supported by family support worker insight

- 30% have alcohol issues
- 36% have drugs issues
- 490 Troubled Families present physical health issues (38%)
- A further 279 at risk families (12%) present physical health issues

Count of risks	Count of Families	% of total Cohort
A teenager in the household is a mother or expectant mother	80	6.23%
Alcohol misuse is a major issue for the family	388	30.22%
Drug misuse is a major issue for the family	471	36.68%
Family has at least one member with mental health issues or significant risk thereof	793	61.76%
One or more family members have a significant limiting disability or illness	721	56.15%
Violence or abuse affects the family or is a significant risk	1219	94.94%

Figure 1 – How health risks affect Troubled Families in Leicestershire

***Additional analysis is available in file TF Hi-Level Analysis – Health v0.2.pptx from the Troubled Families Programme Office